

2018 Adult Basic Classes

Adult Basic Instruction

MCSC's nationally acclaimed basic sailing instruction incorporates classroom theory and on-the-water practice in a fun and safe environment. Most students earn a Light Air Rating upon completion of the basic course. You will learn and practice basic sailing techniques like tacking, jibing, docking, and proper sail trim. Become familiar with sailing terms, rigging and right-of-way rules.

Adult Basic Class

This eight day course focusing on the basics of sailing is held over two weeks, Monday through Thursday, with Friday reserved as a make-up day in case of inclement weather. Most students earn a Light Air Rating upon completion of the basic course.

<u>Daytime Sections & Dates</u>	<u>Time</u>
AA – June 18 – 28	1:30 – 4:30 pm
BB – July 9 – 19	1:30 – 4:30 pm

<u>Evening Sections & Dates</u>	<u>Time</u>
A – April 30 – May 10	5:30 – 8:30 pm
B – May 14 – 24	5:30 – 8:30 pm
C – May 28 – June 7	5:30 – 8:30 pm
D – June 11 – 21	5:30 – 8:30 pm
E – July 9 – 19	5:30 – 8:30 pm
F – July 23 – Aug 2	5:30 – 8:30 pm
G – Aug 6 – 16	5:30 – 8:30 pm

Basic Course fees: \$165 plus MCSC membership. Course fee includes US Sailing's Basic Keelboat textbook

Adult Basic Weekend Intensive Class

Learn to sail in just three days! The fast-paced version of the Adult Basic Sailing Course is an option for those with busy schedules. Due to the accelerated pace of this class, prior sailing experience is helpful, but not required. All of the basics are covered!

<u>Sections & Dates</u>	
WEI 1 – May 25 – 27	Friday – Sunday
WEI 2 – June 1 – 3	Friday – Sunday
WEI 3 – June 15 – 17	Friday – Sunday
WEI 4 – July 6 – 8	Friday – Sunday
WEI 5 – July 13 – 15	Friday – Sunday
WEI 6 – July 20 – 22	Friday – Sunday
WEI 7 – July 27 – 29	Friday – Sunday
WEI 8 – Aug 3 – 5	Friday – Sunday

<u>Times:</u>	
Friday	5:30 pm – 8:30 pm
Saturday & Sunday	9:30 am – 5:00 pm

Basic Course fees: \$300 plus MCSC membership. Course fee includes US Sailing's Basic Keelboat textbook



SailVenture

Do you have an interest in sailing, but are not sure if it's for you? Take this two-night course to learn more about the theory and skills behind sailing and, weather permitting, spend time sailing to try out your sea legs! If you decide to join after taking this class, your class fee will be applied to your first year's membership dues when you join during the 2018 season. This course does not replace an Adult Basic Class.

<u>Section & Dates</u>	<u>Time</u>
SV-1 – June 25 – 26	5:30 – 8:30 pm
SV-2 – July 5 – 6	5:30 – 8:30 pm

Course fee: \$110 MCSC Membership is not required

2018 Adult Intermediate Classes

Adult Intermediate Instruction

Fast-paced intermediate courses will challenge you to improve basic sailing skills, theory, understanding and decision-making in a variety of wind and wave conditions both inside and outside the breakwater. After receiving your light air rating, please allow for at least 3 weeks of practice time before the first day of an intermediate course. A great way to build your sailing experience and confidence!

A Light Air Rating and/or Instructor consent is required to take Intermediate Classes. Classes do not guarantee a Medium Air Rating. See course descriptions for any additional prerequisites.

Adult Intermediate Class

The five day Intermediate Course will focus on effective sail trim, decision making, and the quick-stop crew overboard. This is great class for the experienced Light Air sailor.

<u>Section & Dates</u>	<u>Time</u>
IS 1 – May 21 – 25	5:30 – 8:30 pm
IS 2 – June 11 – 15	5:30 – 8:30 pm
IS 3 – July 9 – 13	5:30 – 8:30 pm
IS 4 – July 23 – 27	5:30 – 8:30 pm
IS 5 – Aug 6 – 10	5:30 – 8:30 pm
IS 6 – Aug 20 – 24	5:30 – 8:30 pm

Course fee: \$110 plus MCSC membership

Adult Intermediate Weekend Intensive Class

The Saturday and Sunday intensive version of the Intermediate Course is the solution for sailors with busy weekday schedules. Foul-weather make-ups are subject to instructor discretion and availability.

<u>Section & Dates</u>	<u>Time</u>
IS-WEI 1 – June 9 – 10	9:30 – 3:30
IS-WEI 2 – August 18 – 19	9:30 – 3:30

Course fee: \$150 plus MCSC membership

Introduction to Solings

Climb aboard a sleek 27' racing boat! This popular course covers nomenclature, boat handling, and sail trim adjustments. The Soling is great for developing technical sailing skills and confidence!

<u>Section & Dates</u>	<u>Time</u>
SOL A – June 25 – 28	1:30 – 4:30 pm
SOL B - Aug 13 – 16	5:30 – 8:30 pm

Course fee: \$90 plus MCSC membership

Introduction to Centerboards

This great five day course taught on Hunters covers launching, rigging, and basic centerboard sailing techniques. Capsizing is also introduced and practiced. Become a better sailor on a centerboard!

<u>Section & Dates</u>	<u>Time</u>
CNTB A – July 30 – Aug 3	5:30 – 8:30 pm

Course fee: \$110 plus MCSC membership

Introduction to 420s

The 420 is a popular, technically challenging, and exciting boat. This five day course will, weather and time permitting, introduce spinnakers, steering with sail trim and body weight, trapezing, and other more advanced centerboard skills.

<u>Section & Dates</u>	<u>Time</u>
420 A – August 6 – 10	5:30 – 8:30 pm
420 B – Aug 20 – 24	5:30 – 8:30 pm

Course fee: \$110 plus MCSC membership

Prerequisite: Introduction to Centerboards



2018 Adult Advanced Classes

Adult Advanced Instruction

MCSC's Advanced Sailing courses aboard Ensigns, Solings, J-24s and MCSC's cruising boats. Gain valuable experience in helmsmanship, teamwork, boat management, sail trim, and spinnaker sailing, docking, mooring, reefing, and more.

A Medium Air Rating (held for 1 year or more) and/or Instructor consent is required to take Advanced Courses. Courses do not guarantee a Heavy Air Rating. See course descriptions for any additional prerequisites.

Advanced Sailing Class

<u>Section & Dates</u>	<u>Time</u>
AS 1 – June 18 – 22	5:30 – 8:30 pm
AS 2 – August 13 – 17	5:30 – 8:30 pm

Course fee: \$110 plus MCSC member

Prerequisite: Experienced Medium Rating / Inst. Cons.



Introduction to the J24

The J24 is a popular, technically challenging boat that can be day-sailed or raced. This course emphasizes basic skills along with rigging and crew positions.

<u>Section & Dates</u>	<u>Time</u>
J24 A – June 23 – 27	5:30 – 8:30 pm

Course fee: \$90 plus MCSC membership fee

Prerequisite: Experienced Medium Air Rating



Basic Cruising Class

This course aboard Misty – our C&C 27 – covers the basics of cruising. Topics include boat handling, auxiliary power, and anchoring. This course includes a Misty evaluation, weather and conditions permitting.

<u>Section & Dates</u>	<u>Time</u>
BC 1 – June 4 – 7	5:30 – 8:30 pm
BC 2 – June 25 – 28	5:30 – 8:30 pm
BC 3 – July 16 – 19	5:30 – 8:30 pm

Course fee: \$100 plus MCSC membership fee

Prerequisite: Heavy Air Rating / Instructor Consent

Intermediate Cruising Class

This one-session, seven hour course taught aboard Reliance – our C&C 29 – will continue to enhance your basic cruising skills. Review boat systems, crew recovery, and other safety procedures. Weather permitting, this course will include an evaluation on Reliance, although there is no guarantee of a rating.

<u>Section & Dates</u>	<u>Time</u>
IC 1 – Saturday, June 23	9:00 am - 2:00 pm
IC 2 – Saturday, July 7	9:00 am - 2:00 pm
IC 2 – Saturday, July 28	9:00 am - 2:00 pm

Course fee: \$100 plus MCSC membership fee

Prerequisite: Misty Rating / Instructor Consent

2018 Adult Refresher Classes

Adult Refresher Instruction

Whether it has been all winter or just a month or two since your last sail, sometimes it's nice to get some tiller time with experienced instructors guiding you along. Mix and match from the six types of refresher courses to help brush off the rust and get you back on the water with confidence. **Please note that all September courses begin at 5:00 pm to allow for more on the water time. Space is limited in most sections due to hands-on courses.**

Refresher Course

This general course will include classroom review and on-the-water practice. Topics covered will generally include points of sail, knot tying, sail trim, crew overboard drills, docking, and boat handling.

<u>Section & Dates</u>	<u>Time</u>
RF A – May 7 – 10	5:30 – 8:30 pm
RF B – May 28 – 31	5:30 – 8:30 pm
RF C – June 4 – 7	5:30 – 8:30 pm
RF D – June 25 – 28	5:30 – 8:30 pm
RF E – July 16 – 19	5:30 – 8:30 pm

Course fee: \$90 plus MCSC membership

Problem Solving

Will you know how to handle your boat if your mainsheet comes unbolting or your tiller snaps? Join us for this on-the-water and classroom course to practice thinking and working through potential problems that could come up while sailing.

<u>Section & Dates</u>	<u>Time</u>
PS A – May 19 – 20 (Sat/Sun)	1:30 – 4:30 pm
PS B – August 18 – 19 (Sat/Sun)	1:30 – 4:30 pm
PS C – September 3 – 4	5:00 – 8:00 pm

Course fee: \$60 plus MCSC membership
Prerequisite: Medium Air Rating or Instructor Consent

Intermediate Skills Refresher

Course will cover heaving-to, the Quick Stop drill, and moorings, including both classroom and on-the-water instruction (weather permitting) to strengthen intermediate skills.

<u>Section & Dates</u>	<u>Time</u>
ISR A – September 10 – 11	5:00 – 8:00 pm

Course fee: \$60 plus MCSC membership
Prerequisite: Light Air Rating or Instructor Consent

Boat Handling

Refine your tiller and sail trim skills with the assistance of knowledgeable instructors and make boat handling become second nature.

<u>Section & Dates</u>	<u>Time</u>
BH A – May 16 – 17	5:30 – 8:30 pm
BH B – June 2 – 3 (Sat/Sun)	1:30 – 4:30 pm
BH C – July 28 – 29 (Sat/Sun)	1:30 – 4:30 pm
BH D – August 29 – 30	5:30 – 8:30 pm
BH E – September 5 – 6	5:00 – 8:00 pm

Course fee: \$60 plus MCSC membership
Prerequisite: Basic Course or Instructor Consent

Docking & Mooring Basin

Spend time sailing in the mooring basin with an instructor to help build confidence in what can be a very tricky area. Practice, practice, practice!

<u>Section & Dates</u>	<u>Time</u>
DMB A – May 7 – 8	5:30 – 8:30 pm
DMB B – June 2 – 3 (Sat/Sun)	9:30 am – 12:30 pm
DMB C – July 28 – 29 (Sat/Sun)	9:30 am – 12:30 pm
DMB D – August 27 – 28	5:30 – 8:30 pm
DMB E – September 3 – 4	5:00 – 8:00 pm

Course fee: \$60 plus MCSC membership
Prerequisite: Basic Course or Instructor Consent

Advanced Skills Refresher

Course will cover reefing on the water, advanced sail theory, decision making, and precision docking, including both classroom and on-the-water instruction (weather permitting) to strengthen advanced skills.

<u>Section & Dates</u>	<u>Time</u>
ASR A – September 12 – 13	5:00 – 8:00 pm

Course fee: \$60 plus MCSC membership
Prerequisite: Medium Air Rating or Instructor Consent