

2019 Adult Basic Classes

Adult Basic Instruction

MCSC's nationally acclaimed basic sailing instruction incorporates classroom theory and on-the-water practice. Our 8-session, 24 hour course during a two-week period makes learning safe, effective and fun. Most students earn a Light Air Rating upon completion of the basic course. You will learn and practice basic sailing techniques like tacking, jibing, docking and proper sail trim. Become familiar with sailing terms, rigging and right-of-way rules.

Sail Venture

Do you have an interest in sailing, but are not sure if it's for you? Take this two-day course to learn more about the theory and skills behind sailing and, weather permitting, spend time sailing to try out your sea legs! If you decide to join after taking this class, \$60 of your class fee will be applied to your first year's membership dues. This course does not replace an Adult Basic Class.

<u>Section & Dates</u>	<u>Time</u>
SV-1 – May 27-28	5:30 – 8:30 pm
SV-2 – May 29-30	5:30 – 8:30 pm
SV-3 – July 1-2	1:00-4:00 pm
SV-4 – July 1-2	5:30 – 8:30 pm
<u>Course fee:</u> \$120 Adult Membership is not required.	

Adult Basic Evening Class

<u>Section & Dates</u>	<u>Time</u>
A – April 29-May 9	5:30 – 8:30 pm
B – May 20-31 (M-Th and T-F)	5:30 – 8:30 pm
C – June 3-13	5:30 – 8:30 pm
D – June 10 - 20	5:30 – 8:30 pm
E – July 8– 18	5:30 – 8:30 pm
F – July 22 – Aug 1	5:30 – 8:30 pm
G – Aug 5 – 15	5:30 – 8:30 pm
H–Aug 26-Sept 6 (M-Th and T-F)	5:30 – 8:30 pm

Basic Course fees: \$240 plus MCSC membership fee. Course fee includes US Sailing's Basic Keelboat textbook.



Adult Basic Daytime Class

<u>Section & Dates</u>	<u>Time</u>
AA – May 20-31 (M-Th and T-F)	9:00 am – Noon
BB – June 3 – 13	1:00 – 4:00 pm
CC – July 8 – 18	9:00 am – Noon

Basic Course fees: \$240 plus MCSC membership fee. Fee includes US Sailing's Basic Keelboat textbook.

Adult Basic Weekend Intensive Class

The fast-paced version of the Adult Basic sailing course is an option for those with busy schedules. Due to the accelerated pace of this class, prior sailing experience is helpful but not required. All of the basics are covered. Learn to sail in just three days!

<u>Section & Dates</u>	
WEI-1 – May 24 – 26	Friday – Sunday
WEI-2 – June 7 – 9	Friday – Sunday
WEI-3 – June 21 – 23	Friday – Sunday
WEI-4 – June 28 – 30	Friday – Sunday
WEI-5 – July 12 – 14	Friday – Sunday
WEI-6 – July 19 – 21	Friday – Sunday
WEI-7 – Aug 2 – 4	Friday – Sunday
WEI-8 – Aug 9 – 11	Friday – Sunday
WEI-9 – Aug 16-18	Friday – Sunday

Times:
Friday 5:30 – 8:30 pm
Saturday & Sunday 9:30 am – 5:00 pm

Basic Course fees: \$300 plus MCSC membership fee. Course fee includes US Sailing's Basic Keelboat textbook.

www.sailingcenter.org

2019 Adult Intermediate Classes

Adult Intermediate Instruction

Fast-paced Intermediate courses will challenge you to improve basic sailing skills, theory, understanding and decision-making in a variety of wind and wave conditions both inside and outside the breakwater. These four session courses meet Monday through Thursday for one week and focus on boat handling, sail trim, and intermediate level maneuvers. A great way to build your sailing experience and confidence!

A Light Air Rating or Instructor consent is required for all MCSC Intermediate courses.

Please remember that there is NO guarantee that a Medium Air Rating will be earned in ANY Intermediate course. Intermediate courses introduce some additional maneuvers and in-depth sail theory that may require additional time for both practice and experience. Please allow for at least 3 weeks of practice time from completion of basic classes.

Adult Intermediate Class

The Intermediate courses will focus on effective sail trim, skipper technique, decision making and the quick-stop crew overboard maneuver. This is a great course for the experienced Light Air sailor.

<u>Section & Dates</u>	<u>Time</u>
IS-1 – May 20 – 23	5:30 – 8:30 pm
IS-2 – June 24 – 27	9:00 am – Noon
IS-3 – July 8 - 11	5:30 – 8:30 pm
IS-4 – July 29 – Aug 1	5:30 – 8:30 pm
IS-5 – Aug 5 – 8	1:00 – 4:00 pm
IS-6 – Aug 12 – 15	5:30 – 8:30 pm

Course fee: \$120 plus MCSC membership fee.



Introduction to the Centerboards

This great course on our new Catalina 14.2's covers launching, rigging and basic centerboard sailing techniques. Capsizing is also introduced and practiced. Become a better sailor on a centerboard!

<u>Section & Dates</u>	<u>Time</u>
CTBD-A – July 15 – 18	5:30 – 8:30 pm
CTBD- B- Aug 12-15	5:30 – 8:30 pm
CTBD- C – Aug 19-22	1:00 – 4:00 pm

Course fee: \$120 plus MCSC membership fee.

Introduction to the 420

The 420 is a popular, technically challenging and exciting boat. This course will introduce trapezing and other more advanced centerboard skills. Walk-over capsizing may be introduced.

<u>Section & Dates</u>	<u>Time</u>
420-A – July 22 – 25	5:30 – 8:30 pm
420-B – Aug 19 – 22	5:30 – 8:30 pm

Course fee: \$120 plus MCSC membership fee
Prerequisite: Medium Air Rating and Introduction to Centerboard class.

Introduction to the Soling

Climb aboard this sleek 27' race boat. This popular course covers technical nomenclature, boat handling, sail trim adjustments and much more. The Soling is great for developing sailing skills, knowledge of sailing theory and rig options and overall confidence. This class meets Tuesday and Thursday, with Sunday morning racing for real-time practice

<u>Section & Dates</u>	<u>Time</u>
SOL-A – May 7-26	5:30 – 8:30 pm

Course fee: \$180 plus MCSC membership fee and Enrichment Fee.

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2019 Adult Advanced Classes

Adult Advanced Instruction

MCSC's Advanced Sailing courses aboard Ensigns, Solings, J-24's and MCSC's cruising boats. Gain valuable experience in helmsmanship, teamwork, boat management, sail trim and spinnaker sailing as well as docking, mooring, reefing and more. Please remember that there is NO guarantee that a Heavy Air Rating will be earned in ANY Advanced course. A Heavy Air Rating is required for a number of these courses.

Prerequisite Clarification:

"Experienced" Medium Air Rating means having had a Medium Air Rating for at least 1 year.

Instructor Consent - Skippers with previous experience will be considered on an individual basis.

Advanced Sailing Course

<u>Section & Dates</u>	<u>Time</u>
AS-1 – June 3 – 6	5:30 – 8:30 pm
AS-2 – June 24-27	5:30 – 8:30 pm
AS -3 – July 29- Aug 1	1:00 – 4:00 pm
AS-4 – August 5 – 8	5:30 – 8:30 pm
AS- 5 – August 19-22	5:30 – 8:30 pm

Course fee: \$120 plus MCSC member

Prerequisite: Experienced Medium Rating / Inst. Cons.

Introduction to the J-24

The J-24 is a popular, technically challenging boat that can be day-sailed or raced. This course emphasizes basic skills along with rigging and crew positions.

<u>Section & Dates</u>	<u>Time</u>
J24-A – June 17 – 20	5:30 – 8:30 pm

Course fee: \$120 plus MCSC membership fee

Prerequisite: Experienced Medium Air Rating

Introduction to Spinnakers

This new course will utilize J-24's and will cover spinnaker terminology, rigging, launching and retrieval. Learn the basics of spinnaker usage.

<u>Section & Dates</u>	<u>Time</u>
SPIN-A – July 15 – 18	5:30 – 8:30 pm

Course fee: \$120 plus MCSC membership fee

Prerequisite: Experienced Medium Air Rating. J-24 experience strongly recommended / Instructor consent

Basic Cruising Course

This course aboard Misty, MCSC's C&C 27' covers the basics of cruising. Topics include boat handling, auxiliary power, anchoring, systems and more.

<u>Section & Dates</u>	<u>Time</u>
BC-1 – May 13 – 16	5:30 – 8:30 pm
BC-2 – June 3 – 6	9:00 am – Noon
BC-3 – July 22 – 25	1:00 – 4:00 pm
BC-4 – Aug 5 – 8	5:30 – 8:30 pm

Course fee: \$120 plus MCSC membership fee

Prerequisite: Heavy Air Rating / Instructor Consent

Intermediate Cruising Course

This course aboard Reliance, MCSC's C&C 29' will continue to enhance your basic cruising skills. Review boat systems, crew recovery and some safety procedures. This is a 2-day course, with the third day scheduled for make-ups or a class cruising adventure.

<u>Section & Dates</u>	<u>Time</u>
IC-1 – May 28-30	5:30 – 8:30 pm
IC-2 – June 24-27	5:30 – 8:30 pm
IC-3 – Aug 12-16	5:30 – 8:30 pm

Course fee: \$60 plus MCSC membership fee.

Prerequisite: Misty Rating / Instructor Consent.

2019 Adult Refresher Classes

Shake out the winter cobwebs and review your sail trim and theory, tacking, jibing, docking and crew-overboards in the Refresher Courses. Courses include classroom review and on-the-water practice.

Medium Air Refresher Course

<u>Section & Dates</u>	<u>Time</u>
Medium Air R-A19 April 29-30	1:00 – 4:00 pm
Medium Air R-B19 May 15-16	5:30 – 8:30 pm

Course fee: \$60 plus MCSC membership fee.
Prerequisite: Medium Air Rating / Instructor Consent.

Light Air Refresher Course

<u>Section & Dates</u>	<u>Time</u>
Light Air R-A19 May 13 – 14	1:00 – 4:00 pm
Light Air R-B19 May 13 -14	5:30 – 8:30 pm
Light Air R-C19 June 17-18	9:00 am – Noon

Course fee: \$60 plus MCSC membership fee.
Prerequisite: Light Air Rating / Instructor Consent.

Docking and Mooring

<u>Section & Dates</u>	<u>Time</u>
Docking & Mooring May 6-7	1:00 – 4:00 pm

Boat Handling

<u>Section & Dates</u>	<u>Time</u>
Boat Handling July 1-2	5:30 – 8:30 pm

Course Fee: \$60 plus MCSC membership fee
Prerequisite: Light Air Rating / Instructor Consent.